

Alive & Thrive Bangladesh Phase II- Maternal Nutrition
Baseline Survey 2015
Household Questionnaire
Pregnant Women
International Food Policy Research Institute (IFPRI)
Data Analysis and Technical Assistance

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HH ID:

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PREGNANT WOMEN'S QUESTIONNAIRE

CONSENT OF RESPONDENT

Good morning/afternoon. I am _____ from the Data Analysis and Technical Assistance Limited (DATA), a Research organization based in Dhaka. Together with the International Food Policy Research Institute (IFPRI), we are conducting an evaluation of the A&T program implemented by BRAC in this area. We want to talk with you about your nutrition and health during pregnancy. The information that you will provide us will be used to set up a good health program in this community and in similar settings in other parts of the world. We will measure your weight and height.

We are inviting you to be a participant in this study. We value your opinion. You will only be identified through code numbers. Your identity will not be stored with other information we collect about you. Your responses will be assigned a code number, and the list connecting your name with this number will be kept in a locked room and will be destroyed once all the data has been collected and analyzed. Any information we obtain from you during the research will be kept strictly confidential. We will use approximately 1-1.5 hours of your time to collect all the information.

There will be no cost to you other than your time. Your participation in this research is completely voluntary. You are free to withdraw your consent and discontinue participation in this study at any time. You also have the right to refuse to answer specific questions. There will be no risk as a result of your participating in the study. Two organizations are Jointly doing this survey - International Food Policy Research Institute and DATA. Your participation will be highly appreciated. The answers you give will help provide better information to policy-makers, practitioners and program managers so that they can plan for better services that will respond to your needs.

The researcher read to me orally the consent form and explained to me and I agreed to take part in this research. I understand that I am free to discontinue participation at any time if I so choose, and that the investigator will gladly answer any question that arise during the course of the interview.

Contact information of the Principal Investigator:
 Dr. Kuntal Kumar Saha, IFPRI, Alive & Thrive Office,
 House 20B, Road 26, Gulshan -1, Dhaka - 1212,
 Tel: 880-01726737898
 Email: k.saha@cgiar.org

Interviewer's statement: I am an interviewer of the above mentioned research project.
 I have read out this consent form and the respondent is aware of it. Respondent decided to take part in this interview and ticked the "Yes, agreed" box voluntarily after listening to the statement.

Interviewer's signature: _____

Do you agree to answer the survey questions?
 (Please tick mark on the right box depending on the respondent consent)

Consent given:	Yes, agreed	<input type="checkbox"/>
	Not agreed	<input type="checkbox"/>

MODULE A. IDENTIFICATION

Name										Code									
A.01 Household Number:										<div> <div></div> <div></div> <div></div> </div>									
A.02 Census number:										<div> <div></div> <div></div> <div></div> </div>									
A.03 Name of the pregnant woman and member ID:										<div> <div></div> <div></div> </div>									
A.04 Name of the Household Head:										<div> <div></div> <div></div> </div>									
A.05 Name of the father of the HH head [husband if female headed]:										<div> <div></div> <div></div> </div>									
A.06 Para/Location/ Landmark :																			
A.07 Village:.....																			
A.08 Mauza:.....																			
A.09 Union/ Ward No:.....										<div> <div></div> <div></div> </div>									
A.10 Thana/Upazila:										<div> <div></div> <div></div> </div>									
A.11 District:.....																			
A.12 Mobile number:																			
A.13 Religion:										Muslim 1 Hindu 2 Christian..... 3 Buddhist..... 4 Other[specify] 5									
A.14 Household is selected for pregnant woman group										Pregnant woman is in first trimester 1 Pregnant woman is in second trimester..... 2 Pregnant woman is in third trimester 3									
A.15 Interviewer:										<div> <div></div> <div></div> </div>									
A.16 Supervisor:										<div> <div></div> <div></div> </div>									
	First Visit					Second Visit													
	Day	Month		Year		Day	Month		Year										
Date of Interview:	<div></div>	<div></div>	<div></div>	<div></div>	1	5	<div></div>	<div></div>	<div></div>	<div></div>	1	5	Signature of Supervisor						

Starting time:

Ending time:

DEFINITION OF HOUSEHOLD

A HOUSEHOLD IS A GROUP OF PEOPLE WHO LIVE TOGETHER AND TAKE FOOD FROM THE “SAME POT.” IN OUR SURVEY, A HOUSEHOLD MEMBER IS SOMEONE WHO HAS LIVED IN THE HOUSEHOLD AT LEAST 6 MONTHS, AND AT LEAST HALF OF THE WEEK IN EACH WEEK IN THOSE MONTHS.

EVEN THOSE PERSONS WHO ARE NOT BLOOD RELATIONS (SUCH AS SERVANTS, LODGERS, OR AGRICULTURAL LABORERS) ARE MEMBERS OF THE HOUSEHOLD IF THEY HAVE STAYED IN THE HOUSEHOLD AT LEAST 3 MONTHS OF THE PAST 6 MONTHS AND TAKE FOOD FROM THE “SAME POT.” IF SOMEONE STAYS IN THE SAME HOUSEHOLD BUT DOES NOT BEAR ANY COSTS FOR FOOD OR DOES NOT TAKE FOOD FROM THE SAME POT, THEY ARE NOT CONSIDERED HOUSEHOLD MEMBERS. FOR EXAMPLE, IF TWO BROTHERS STAY IN THE SAME HOUSE WITH THEIR FAMILIES BUT THEY DO NOT SHARE FOOD COSTS AND THEY COOK SEPARATELY, THEN THEY ARE CONSIDERED TWO SEPARATE HOUSEHOLDS.

GENERALLY, IF ONE PERSON STAYS MORE THAN 3 MONTHS OUT OF THE LAST 6 MONTHS OUTSIDE THE HOUSEHOLD, THEY ARE NOT CONSIDERED HOUSEHOLD MEMBERS. WE DO NOT INCLUDE THEM EVEN IF OTHER HOUSEHOLD MEMBERS CONSIDER THEM AS HOUSEHOLD MEMBERS.

EXCEPTIONS TO THESE RULES SHOULD BE MADE FOR:

CONSIDER AS HOUSEHOLD MEMBER

- A NEWBORN CHILD LESS THAN 3 MONTHS OLD.
- SOMEONE WHO HAS JOINED THE HOUSEHOLD THROUGH MARRIAGE LESS THAN 3 MONTHS AGO.
- SERVANTS, LODGERS, AND AGRICULTURAL LABORERS CURRENTLY IN THE HOUSEHOLD AND WILL BE STAYING IN THE HOUSEHOLD FOR A LONGER PERIOD BUT ARRIVED LESS THAN 3 MONTHS AGO.

DO NOT CONSIDER AS HOUSEHOLD MEMBER

- A PERSON WHO DIED VERY RECENTLY THOUGH STAYED MORE THAN 3 MONTHS IN LAST 6 MONTHS.
- SOMEONE WHO HAS LEFT THE HOUSEHOLD THROUGH MARRIAGE LESS THAN 3 MONTHS AGO.
- SERVANTS, LODGERS, AND AGRICULTURAL LABORERS WHO STAYED MORE THAN 3 MONTHS IN LAST 6 MONTHS BUT LEFT PERMANENTLY.

THIS DEFINITION OF THE HOUSEHOLD IS VERY IMPORTANT. THE CRITERIA COULD BE DIFFERENT FROM OTHER STUDIES YOU MAY BE FAMILIAR WITH, BUT YOU SHOULD KEEP IN MIND THAT YOU SHOULD NOT INCLUDE THOSE PEOPLE WHO DO NOT MEET THESE CRITERIA. PLEASE DISCUSS ANY QUESTIONS WITH YOUR SUPERVISOR.

MODULE B. HOUSEHOLD COMPOSITION

Member ID	Name Now we would like to collect information on the different persons who usually live in your household. Please tell me the name of all the persons who live in your house, starting with your name (Start with pregnant/recently delivered woman)	Relationship to pregnant woman (code 1)	Gender 1= Male 2= Female	Age*		Marital status? (Code-2)	Occupation (Code-3)	Education (Highest class completed) (Code-4)	Monthly Income amount in taka**
				Years	Month				
B1	B2	B3	B4	B5.1	B5.2	B6	B7	B8	B9
1									
2									
3									
4									
5									

Code 1: Relationship to the respondent woman	Code-2 : Marital status	Code 3: Occupation	Code 4: Education
Pregnant woman 1	Unmarried 1	Farmer (Crops)..... 1	Never attended school 99
Spouse 2	Married..... 2	Agricultural day labor 2	reads in class I 0
Son or daughter 3	Widowed 3	Non Agricultural day labor 3	Completed class I 1
Father in-law 4	Divorced..... 4	Service/Salaried worker 4	Put number of highest completed class.
Mother in-law 5	Separated..... 5	Small/cottage industry..... 5	For
Grandchild..... 6		Business/Traders 6	example, if currently in class III, put 2 as class II is completed)
Father 7		Rickshaw/van pulling..... 7	Completed Secondary School/Dakhil
Mother 8		Other Self-employment 8 10
Brother or sister 9		Household Work /Housewife	Completed Higher Secondary/Alim 12
Brother in law or sister in law ... 10	 9	BA/BSC pass/Fazil..... 14
Other relatives (including cousins)....		Maid servant..... 10	BA/BSC honors/Fazil (Hons) 15
Foster/step/adopted children..... 12		Student 11	MA/MSC/Kamil & above 16
Not related..... 13		Retired/Old age 12	SSC Candidate..... 22
		Physically challenged..... 13	HSC Candidate 33
		Jobless 14	Preschool class (general) 66
		Child (age <5) 15	Hafezia/Kiratia/Nurani madrasa 67
		Other 77	

**For children under 5 years please record the complete age (years and months). Recording age in years only is sufficient for adults and children aged more than 5 year*

*** Write '0' for household members with no income*

MODULE C. OBSTETRIC HISTORY

C1.	What was your age when you first got married?	[][] years
C2.	What was your age when your first child was born?	[][] years
C3.	How many times have you been pregnant?	[][] number of times
C4.	How many living children do you have? (all children including the current baby)	[][] Children
C5.	When was your previous birth before this baby? (if mothers do not remember exact dates, ask for immunization card or write month and year only)	[][] / [][] / [][][][] Day Month Year
C6.	What was your Last Menstrual Period (LMP)	[][] / [][] / [][][][] Day Month Year
C7.	How far along are you in your pregnancy	[] months

MODULE D. USE OF ANTENATAL

D.2. ANTENATAL CARE

D15.	Have you received ANC during this pregnancy?	No 0>>D19 Yes..... 1 Do not know 99>>D19
D16.	From whom you received ANC during this pregnancy? (multiple response possible) (Interviewer: Probe to get all persons consulted)	Doctor..... 1 Nurse/Midwife..... 2 FWA/HA 3 FWV 4 CHCP 5 BRAC SS..... 6 BRAC SK/CSBA 7 Other NGO workers 8 TTBA/Newborn health worker..... 9 TBA..... 10 Village Doctor 11 Homeopath doctor 12 Kabiraj/Herbal healer 13 Spiritual healer 14 Mother/Mother-in-law 15 Other HH members 16 Neihgbors/friends 17 Government and other CSBA..... 18
D17.	From where you received ANC during this pregnancy?	Own house.....1 BRAC Maternity Center.....2 Medical College Hospital.....3 District Hospital4 Upazila Health Complex.....5 Pharmacy.....6 Private clinic.....7 Other NGO Clinic8 Community clinic.....9 Family Welfare Center.....10 At EPI center.....11 Others.....77

D18.	How many months pregnant were you when you first received ANC?	[__][__] number of months Do not know 99
D19.	How many times did you did you receive ANC during this pregnancy?	[__][__] number of times Do not know 99
D20.	During (any of your antenatal care visit(s), were you told about things to look out for signs that might suggest problems with the pregnancy?	No 0 Yes..... 1 Do not know 99
D21.	Have you ever been weighed during this pregnancy?	No..... 0>>D24 Yes..... 1
D22.	During your last pregnancy, who took your weight?	Doctor..... 1 Nurse/Midwife..... 2 FWA/HA 3 FWV 4 CHCP 5 BRAC SS..... 6 BRAC SK/CSBA 7 Other NGO workers 8 TTBA/Newborn health worker..... 9 TBA..... 10 Village Doctor 11 Homeopath doctor 12 Kabiraj/Herbal healer 13 Spiritual healer 14 Mother/Mother-in-law 15 Other HH members 16 Neihgbors/friends 17 Government and other CSBA..... 18
D23.	Where have you been weighed? (multiple responses possible)	Own house.....1 BRAC Maternity Center.....2 Medical College Hospital.....3 District Hospital4 Upazila Health Complex.....5 Pharmacy.....6 Private clinic.....7 Other NGO Clinic8 Community clinic.....9 Family Welfare Center.....10 At EPI center.....11 Others.....77
D24.	At what month of pregnancy were you first weighed during this pregnancy?	[__] number of months
D25.	Do you have a chart where your weight was recorded?	No.....0 Yes..... 1
D28.	Did you receive any counseling or information about nutrition for pregnant/lactating women during this pregnancy?	No..... 0>>D28 Yes..... 1 Do not know 99>>D28

D29.	From whom did you receive this counselling or information? (multiple responses possible)	Doctor..... 1 Nurse/Midwife..... 2 FWA/HA 3 FWV 4 CHCP 5 BRAC SS..... 6 BRAC SK/CSBA 7 Other NGO workers 8 TTBA/Newborn health worker..... 9 TBA..... 10 Village Doctor 11 Homeopath doctor 12 Kabiraj/Herbal healer 13 Spiritual healer 14 Husband..... 15 Mother/Mother-in-law 16 Other HH members 17 Neighbor/friends..... 18 Government and other CSBA..... 19 Don't know..... 99																																							
D30.	Where did you receive this counselling? (multiple responses possible)	Own house.....1 District Hospital2 Upazila Health Complex.....3 Pharmacy.....4 Private clinic.....5 Community clinic.....6 Family Welfare Center.....7 At EPI Center.....8 Others.....77																																							
D31.	During your current pregnancy, what topics were you counselled on about nutrition for pregnant women? (Interviewer: Do no prompt. Listen to what pregnant woman says and note 1 if what she says match with the options provided until the respondent says nothing else. Then check which ones in the list have not been marked yet and read those items to the respondents. If the respondent says yes, then note 1. Note 0 for all No responses)	<table border="1"> <thead> <tr> <th></th><th>Unprompted</th><th>Prompted</th></tr> </thead> <tbody> <tr><td>Eat 5 variety of foods in addition to rice and dal</td><td></td><td></td></tr> <tr><td>Eat additional amount of food</td><td></td><td></td></tr> <tr><td>Taking weight</td><td></td><td></td></tr> <tr><td>Weight gain</td><td></td><td></td></tr> <tr><td>Nausea/vomiting</td><td></td><td></td></tr> <tr><td>Taking IFA</td><td></td><td></td></tr> <tr><td>Taking Calcium</td><td></td><td></td></tr> <tr><td>Taking Rest</td><td></td><td></td></tr> <tr><td>Avoiding Heavy Work</td><td></td><td></td></tr> <tr><td>Avoiding Tea/Coffee</td><td></td><td></td></tr> <tr><td>Others</td><td></td><td></td></tr> <tr><td>Don't know</td><td></td><td></td></tr> </tbody> </table>		Unprompted	Prompted	Eat 5 variety of foods in addition to rice and dal			Eat additional amount of food			Taking weight			Weight gain			Nausea/vomiting			Taking IFA			Taking Calcium			Taking Rest			Avoiding Heavy Work			Avoiding Tea/Coffee			Others			Don't know		
	Unprompted	Prompted																																							
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Avoiding Tea/Coffee																																									
Others																																									
Don't know																																									
D32.	What messages did you receive on breastfeeding? (multiple responses possible)	Initiate breastfeeding within the first hour of birth..... 1 Feed colostrum 2 Do not put anything in child's mouth (water, sugar water, honey, mustard oil, etc.) after birth 3 Feed only breastmilk to child for six months after birth. 4 Feed express breast milk if the mother goes out for long time 5 Others (specify) 77 Did not get any counselling 88																																							

D33.	What messages did you receive on food variety? <i>(multiple responses possible)</i>	Five types of food in addition to rice and thick dal 1 Consume Fish/Meat daily..... 2 Consume Egg daily 3 Consume Milk/ Milk Product daily 4 Consume Dark Green leafy vegetable daily 5 Consume Yellow/ Orange fruit and vegetable daily..... 6 Consume thick daal everyday..... 7 Take nutritious snacks 2 times/day..... 8 Consume extra food (amount of a fist) with every meal . 9 Others (specify) 77 Did not receive any counselling 88
D34.	What messages did you receive on quantity of food? <i>(multiple responses possible)</i>	A woman needs more energy and nutrients during pregnancy and lactation. 1 A variety of foods in additional amounts is required to meet the demands of the growing fetus 2 Others (specify) 77 Did not receive any counselling 88
D35.	What messages did you receive on taking rest? <i>(multiple responses possible)</i>	During pregnancy and postpartum period, a women should take rest at least for 2 hours after lunch 1 During pregnancy and postpartum period, a women should sleep for at least 8 hours at night 2 Taking rest is important for the growth of the baby 3 Taking rest improves weight gain of the mother 4 Others (specify) 77 Did not receive any counselling 88
D36.	What messages did you receive on gaining weight? <i>(multiple responses possible)</i>	A women should gain 10-12 kg weight during pregnancy. 1 Gaining weight indicates proper growth of the fetus 2 Gaining weight indicates mother is taking adequate food. 3 Others (specify) 77 Did not receive any counselling 88
D37.	What messages did you receive on taking IFA tablet? <i>(multiple responses possible)</i>	Take 1 tablet daily during pregnancy 1 Continue to take 1 tablet/day till 3 months postpartum ... 2 IFA prevents anemia 3 IFA reduce risk of low birth weight baby..... 4 IFA reduce risk of maternal death due to hemorrhage ... 5 Do not take tea/ coffee after taking the iron tablet as it inhibits the absorption of iron..... 6 Others (specify) 77 Did not receive any counselling 88
D38.	What messages did you receive on taking Calcium tablet? <i>(multiple responses possible)</i>	Take 1 tablet daily during pregnancy 1 Continue to take 1 tablet/day till 3 months postpartum ... 2 Calcium helps in the development of bone and teeth of the baby 3 Calcium reduce risk of hypertension, eclampsia and pre-eclampsia 4 Others (specify) 77 Did not receive any counselling 88
D39.	Do you recognize this woman? (show photo of SK)	Yes..... 1 No 0 >> D42

D40.	What kind of job does this woman do? <i>[multiple responses possible]</i>	Check up on pregnant women 1 Checks up on children 2 Gives health advice 3 Gives nutrition child feeding advice..... 4 Gives advice on maternal nutrition..... 5 Conducts health forum6 Helps during delivery 7 Give family planning advice 8 Provides IFA tablets 9 Provide calcium tablets..... 10 Gives health advice to husbands and family members .. 11 Fill-up MN chart.....12 Takes weight13 Others (specify) 77 Don't know.....99
D41.	In her capacity as a BRAC ____ , where have you seen this woman?	Visiting my home 1 In the para/village 2 Other (specify)..... 77
D42.	Have you ever been visited at home by this woman?	Yes..... 1 No 0
D43.	How many times did she visit you during this pregnancy? (check MN chart and handbook)	[] number of times
D44.	When was the last time she visited your home?	[][] days ago [] months ago Don't know/remember 99
D45.	Do you recognize this woman? (show photo of SS)	Yes..... 1 No 0 >> go to next module
D46.	What kind of job does this woman do? <i>[multiple responses possible]</i>	Check up on pregnant women 1 Checks up on children 2 Gives health advice 3 Gives nutrition child feeding advice..... 4 Gives advice on maternal nutrition..... 5 Conducts shasto forum 6 Helps during delivery 7 Others (specify) 77 Don't know.....99
D47.	In her capacity as a BRAC ____ , where have you seen this woman?	Visiting my home 1 In the para/village 2 Other (specify)..... 77
D48.	Have you ever been visited at home by this woman?	Yes..... 1 No 0
D49.	How many times did she visit you during this pregnancy?	[] number of times
D50.	When was the last time she visited your home?	[][] days ago [] months ago Don't know/remember 99

MODULE E. CONSUMPTION OF SUPPLEMENTS

		Iron Folic Acid	Calcium
E.1.	Did you ever consume _____ tablet during this pregnancy?	Yes 1>>E3 No 0	Yes..... 1>>E3 No..... 0
E.2.	Why did you never consume the tablets	Never heard about them1>> end IFA part Don't know what they are for ... 2>>end IFA part Don't have supply/never received3>>end IFA part Possible side effects 4 Others..... 77 <i>Then go to Calcium questions</i>	Never heard about them..... 1 Don't know what they are for 2 Don't have supply/never received 3 Possible side effects..... 4 Others 77 <i>Then go to module F</i>
E.3.	Where did you get the tablets from?	Hospital/UHC 1 Doctor 2 Nurse/Midwife 3 FWA/HA..... 4 FWV 5 CHCP 6 BRAC SS 7 BRAC SK 8 Other NGO workers 9 TTBA 10 TBA 11 Village Doctor 12 Homeopath doctor..... 13 Kabiraj/Herbal healer..... 14 Spiritual healer 15 Pharmacy 16 Private clinic 21 Community clinic 22 EPI 23 CSBA 24 Others (specify) 77	Hospital/UHC 1 Doctor 2 Nurse/Midwife..... 3 FWA/HA 4 FWV 5 CHCP 6 BRAC SS 7 BRAC SK 8 Other NGO workers 9 TTBA 10 TBA 11 Village Doctor 12 Homeopath doctor 13 Kabiraj/Herbal healer 14 Spiritual healer 15 Pharmacy 16 Private clinic 21 Community clinic 22 EPI 23 CSBA 24 Others (specify) 77
E.4.	Did you buy the tablets or did you get them for free?	Bought the tablets 1 Received for free..... 2 Others(specify)..... 77	Bought the tablets 1 Received for free 2 Others(specify) 77
E.5.	How many tablets did you buy/ get last month? <i>Interviewer: Please ask the pregnant woman to show the tablet strip/bottle she got. Count the tablets and note it down.</i>	[][][] number of tablets Did not take any tablet last month 88>>E8	[][][] number of tablets Did not take any tablet last month-88>>E8
E.6.	Note down the composition of the tablet <i>Interviewer: Look at the strip or bottle for composition of IFA and Calcium tablets and note down in the respective columns</i>	_____ mg elemental iron OR _____ mg Ferrous Sulphate OR _____ mg Ferrous Fumerate _____ microgram Folic acid OR _____ mg Folic acid	_____ mg Calcium
E.7.	Note down the tablets packaged (surveyor: carry blister pack)	Bottled..... 1 blister pack 2 paper wrapped..... 3 others (please specify) 77	Bottled 1 blister pack 2 paper wrapped 3 others (please specify) 77

E.8.	How many tablets in total did you take during your current pregnancy?	[__][__][__] number of tablets	[__][__][__] number of tablets
E.9.	Do you consume IFA and Calcium tablet together at the same time or at different times?	Same time.....1 Different times.....2 Not in any particular time.....3	Same time.....1 Different times.....2 Not in any particular time.....3
E.10.	When do you take the supplement (IFA or calcium) tablets?	Each night after dinner 1 Each morning with morning meal.....2 Together with calcium tablet3 Other (specify)77	Each night after dinner 1 Each morning with morning meal 2 Together with calcium tablet 3 Other (specify)..... 77
E.11.	Have you noted down anywhere the number of tablets you take?	Yes 1 No 0	Yes..... 1 No 0
E.12.	Does any family member help you remember to take your tablets?	Yes 1 No 0>>E14	Yes..... 1 No 0>>E14
E.13.	Who in the family did help you remember to take your tablets? (multiple responses possible)	Husband 1 Mother/Mother-in law 2 Father/Father-in-law 3 Brother-in-law 4 Sister-in-law 5	Husband 1 Mother/Mother-in law 2 Father/Father-in-law 3 Brother-in-law 4 Sister-in-law 5
E.14.	Did you ever experience any side effects after taking the tablets?	Yes 1 No 0>> go to Calcium questions	Yes..... 1 No0>>End module
E.15.	What kind of side effects did you experience due to taking the tablets?	Constipation 1 Swelling of abdominal area 2 Gas 3 Causes irritation/allergy 4 Metallic taste 5 Do not know 99	Constipation 1 Swelling of abdominal area 2 Gas 3 Causes irritation/allergy 4 Metallic taste 5 Do not know 99
E.16.	What did you do to manage the side effects?	Drink more waters 1 Eating more fruits 2 Eating more vegetables3 Changing the time to take tablets 4	Drink more waters 1 Eating more fruits 2 Eating more vegetables 3 Changing the time to take tablets 4
E.17.	Do you consider stop taking tables because of side effects?	Yes 1 No 0	Yes..... 1 No 0

MODULE F. DIETARY INTAKE

F.1. Dietary diversity

Interviewer: First ask if yesterday was a special day, like a celebration or feast day or a fast day where anyone in the HH ate special foods or where they ate more or less than usual or did not eat because they were fasting?

Was **yesterday** a special day where special kinds of foods were eaten?

☐

Yes1

No0

If yesterday was **not** a special day, then ask the respondent about the types of foods that they or anyone else in their household ate yesterday during the day and at night.

If yesterday **was** a special day, then ask the respondent to describe the foods (meals and snacks) consumed the **day before yesterday** (or **the last normal day**) during the day and night, whether at home or outside the home.

Sl. No	Questions	A. Pregnant woman Yes.....1 No.....0	B. Any HH Member Yes.....1 No.....0
1.	CEREALS Rice, bread made of wheat, puffed rice, pressed rice, noodles, or any other foods rice, wheat, maize/corn, <i>or other locally available grains</i>		
2.	VITAMIN A RICH VEGETABLES AND TUBERS pumpkin, carrots, sweet potatoes that are orange and yellow inside		
3.	WHITE TUBERS AND ROOTS OR OTHER STARCHY FOODS Potatoes, white yams, white sweet potato (not orange inside), potato crisps or other foods made from roots (not orange or yellow roots)		
4.	DARK GREEN LEAFY VEGETABLES Dark green leafy vegetables, including spinach, red amaranth leaves, green amaranth, puishak, laushak, kumrashak, kolmishak, mustard leaves, yam leaves, koloishak (pea leaves), methishak (amaranth leaves), dhekishak, demishak etc		
5.	OTHER VEGETABLES Other vegetables (e.g., squash, eggplant, green papaya, cauliflower, cabbage, onion, radish, sheem/borboti (beans),		
6.	VITAMIN A RICH FRUITS Ripe mangoes, ripe papaya/pawpaw, jack fruit		
7.	OTHER FRUITS Other fruits (e.g. banana, apples, guava, oranges, other citrus fruits, pine apple, shakalu, watermelon, olives, grapes, jambura (grapefruit) berries, kamranga, tamarind, plum		
8.	ANY BEEF, GOAT, LAMB, CHICKEN, DUCK, OR OTHER BIRDS, LIVER, KIDNEY, HEART, OR OTHER ORGAN MEATS		
9.	EGGS Eggs of different birds – chicken, duck, etc.; with yolk, without yolk		
10.	FISH Big/small fresh or dried fish or shellfish (e.g prawn, crab etc.)		
11.	ANY FOODS MADE FROM BEANS, PEAS, OR LENTILS beans, peas, lentils, other pulses, soybeans, peas		
12.	MILK AND MILK PRODUCTS Milk, cheese, yogurt or other milk products		
13.	OILS AND FATS Oil, fats or butter added to food or used for cooking including ghee		
14.	SWEETS Sugar, molasses, honey, misti, cold drinks, chocolates, candies, biscuits		
15.	SPICES, CONDIMENTS, BEVERAGES Spices (cumin, coriander, salt), condiments (pickles, chutney), coffee, tea, etc.		
16.	Tea/Coffee		

F.2. Assessments of food quantity using standard bowls

In this section interviewers will ask questions about the consumption of specific food items in different meal times. The quantity of food will be measured using 250ml bowls supplied to the FLWs by the program.

Interviewer: First ask if yesterday was a special day, like a celebration or feast day or a fast day where anyone in the HH ate special foods or where they ate more or less than usual or did not eat because they were fasting?

Was **yesterday** a special day where special kinds of foods were eaten?

☐

Yes 1

No 0

If yesterday was **not** a special day, then ask the respondent about the types of foods that they or anyone else in their household ate yesterday during the day and at night.

If yesterday **was** a special day, then ask the respondent to describe the foods (meals and snacks) consumed the **day before yesterday (or the last normal day)** during the day and night, whether at home or outside the home. While measuring quantity accept fraction (i.e. 1.5 bowl, 2.25 bowl etc.). Remember to ask the question for pregnant/recently delivered women only.

Have you taken this food item during:	Breakfast		Morning snack		Lunch		Afternoon snacks		Dinner	
	Yes.....1 No.....0	Quantity	Yes.....1 No.....0	Quantity	Yes.....1 No.....0	Quantity	Yes.....1 No.....0	Quantity	Yes.....1 No.....0	Quantity
Rice (bowl)										
Bread/Ruti (# of slices)										
Yellow/orange vegetables (Bowl)										
Dark green leafy veg (Bowl)										
Any other vegetable (Bowl)										
Egg (Number)										
Thick daal (Bowl)										
Yellow/orange fruits (Pieces)										
Citric/sour fruits (Pieces)										
Any other fruits (Pieces)										
Milk (Cup)										
Milk product (Payesh, firni, curd, etc.) (Bowl)										
Big Fish (Pieces – match box size)										
Small fish (Bowl)										
Meat (Pieces – match box size)										
Biscuits/cakes (Pieces)										
Chanachur (Bowl)										
Puffed rice, gur, kholi (Bowl)										

F.3a. Food Consumption- 24 hour recall of diet

Enumerator Note: First ask and determine whether the previous day was "usual" or "normal" for the household. If it was a special occasion, such as a funeral or feast or fasting when special kinds of foods were eaten, or if most household members were absent.

F_3a_01. Was yesterday a usual/normal day or special day?

☐ Normal1>>F_3a_03
☐ Special2

If yesterday was a normal day, then ask the respondent about the types of foods that she (pregnant woman) ate yesterday during the day and at night.

If yesterday was a special day, then ask the respondent to describe the foods (meals and snacks) consumed the **day before yesterday (or the last normal day)** during the day and night, whether at home or outside the home.

F_3a_02. Last normal day (day/month)

Enumerator Note: Please note that household may have many items/dishes or items/dishes prepared for all members, BUT survey is interested only to capture the items/dishes consumed by the Pregnant Women we are interviewing. List only those items/dishes that are consumed by the respondent Pregnant Women.

Eating time							Fish, meat, egg in dish:	Unit of measure
Morning: Wake up - 12:00 pm 1							Quantity consumed in gram	Gram/ml..... 1
Noon/afternoon: 12:00 pm to 6:00 pm..... 2							If smashed OR proportionate distribution1	Kg/ltr 2
Evening to bedtime: 6:00 pm to next day wake up time 3	Eating occasion	Dish Name	Description of recipe/major ingredients	Dish code	If not same recipe: order of dish cooked/prepared?	Quantity consumed		Nos 3
F_3a_03	F_3a_04	X	X	F_3a_05	F_3a_06	F_3a_07	F_3a_08	F_3a_09

F.3b. Food gather (arrangement of food that are consumed by the Pregnant Woman):

Enumerator Note: Female member in-charge of cooking, supervising and serving the food to be interviewed. This member may be the pregnant woman or other woman in the HH.

Name and ID of the Respondent: _____ [____][____].

Enumerator Note: Please note that household may have many items/dishes or items/dishes prepared for all members, BUT survey is interested only to capture the items/dishes consumed by the Pregnant Women we are interviewing. List only those items/dishes that are consumed by the respondent Pregnant Women. Please copy the items/dish/menus from the earlier table and ask questions to respondent to fill up the following table.

Please note that for ingredient we are not interested in spices/condiments (like turmeric, coriander, cassia leaf, ginger, cinnamon, cardamom, black pepper, cloves, fenugreek, cumin seeds or purchased Tabasco pepper sauce, ketchups, etc)

Dish Name	Dish code	If not same recipe: order of dish cooked/prepared?	Ingredient Name	Ingred. code	Ingredient quantity	Unit of measure: Gram/ml 1 Kg/ltr 2 Nos 3	If number: Average weight of the ingredient in gram/ml	Total cooked/ prepared quantity	Unit of measure: Gram/ml.....1 Kg/ltr.....2 Nos.....3 Bowl4 Cup5 Plate6 Spoon/ladle7
X	F_3b_01	F_3b_01	X	F_3b_03	F_3b_04	F_3b_05	F_3b_06	F_3b_07	F_3b_08

MODULE H. PREGNANT WOMEN'S KNOWLEDGE ON MATERNAL NUTRITION

Now I would like to ask you a few questions about **your perceptions about diet and nutrition** during pregnancy

	Questions	Code
H.1.	Why is proper nutrition of pregnant women important? (Multiple response possible) (Interviewer: Do no prompt. Listen to what pregnant woman says and note if what she says match with the options provided)	For adequate weight gain of pregnant woman 1 Child inside the womb grows adequately/ healthy 2 For a brainy child with bright future..... 3 Quicker recovery after delivery 4 Extra costs due to doctors and medicine will be saved 5 It is a good investment in future 6 To produce adequate breastmilk 7 others (specify) 77 Do not know 99
H.2.	How should a pregnant eat in comparison with a non-pregnant woman to provide good nutrition to her baby and help him grow? (Multiple response possible)	Eat 5 variety of foods in addition to rice and dal 1 Eat fish/meat daily 2 Eat egg daily 3 Take milk/ milk product daily 4 Eat green leafy vegetable daily 5 Eat yellow/orange vegetables/fruits daily 6 Take thick dal daily 7 Take nutritious food twice daily 8 Take one IFA tablet daily 9 Take one Calcium tablet daily 10 Eat extra food (to the amount of a fist) with each meal 11 Other 77
H.3.	Have you heard about anemia?	Yes..... 1 No 0>>H5
H.4.	Can you tell me how you can recognize someone who has anemia? (Multiple response possible)	Less energy/weakness 1 Paleness/pallor (pale color in eyes and palm)..... 2 More likely to become sick (less immunity to infections)..... 4 Other 5 Don't know 99
H.5.	Some beverages decrease iron absorption when taken with meals. Which ones?	Coffee 1 Tea 2 Other 3 Don't know 99
H.6.	Have you ever heard about iron-folic acid (IFA) tablets?	Yes..... 1 No 0>>H10
H.7.	How many IFA tablets do you think a pregnant woman should take in one month?	[] [] Number of tablets Don't know 99
H.8.	For how many months a pregnant woman should take IFA tablets?	[] Months Don't know 99
H.9.	Why do you think a pregnant woman should take iron folate tables? (Multiple response possible) (Interviewer: Do no prompt. Listen to what pregnant woman says and note if what she says match with the options provided)	To reduce the risk of anemia for pregnant women 1 To reduce risk of anemia for the child inside womb 2 To reduce the risk of low birth weight..... 3 To help improve child's intelligence 4 To reduce the risk of excessive blood loss after delivery 5 To reduce risk of excessive blood loss during delivery 6 To make mother healthy/strong 7 Do not know 99
H.10.	Have you ever heard about calcium tablets?	Yes..... 1 No 0>>H14

H.11.	How many calcium tablets do you think a pregnant woman should take in one month?	[_] [_] Number of tablets Don't know 99
H.12.	For how many months a pregnant woman should take Calcium tablets?	[_] Months Don't know 99
H.13.	Why do you think a pregnant woman should take calcium tablets? (Multiple response possible)	To recover the loss in pregnant woman's body 1 To ensure adequate growth of child's bones and teeth 2 To reduce the risk of pre-eclampsia/eclampsia 3 Do not know 99
H.14.	How much rest should a pregnant woman take every day?hoursminutes

Now I would ask some questions about foods to eat during pregnancy.

H.15.	Could you tell me what kind of food women should eat every day during pregnancy? (Interviewer: Do no prompt. Listen to what pregnant woman says and note 1 if what she says match with the options provided)	Yes.....1 No.....0	If yes, in what quantity each day? (using standard bowl/cup/ pieces) Don't know.....99
i	Rice		[_] [_] (# of bowl)
ii	Fish/Meat		[_] [_] pieces
iii	Egg		[_] [_] number
iv	Milk/ Milk products		[_] [_] bowl/glass
v	Dark green leafy vegetable		[_] [_] bowl
vi	Yellow/Orange vegetables/fruits (pumpkin, carrot, red amaranth, mango, jack fruit etc.)		[_] [_] bowl
vii	Thick daal		[_] [_] bowl
viii	Nutritious snacks		[_] [_] bowl/pieces

H.16 Now I would read out a few statements to you. You would kindly say if you ever heard this message or not. If you have heard this message then I would like to know from whom did you hear this message.

Questions		Have you heard this message? Yes 1 No... 0>Next message	From whom/where did you hear, (multiple codes possible, between each code, use the slash 1/3/13/26...) (code H)
1.	Proper diet every day during pregnancy ensures weight gain of pregnant woman		
2.	Proper diet every day during pregnancy ensures adequate growth of baby inside the womb		
3.	Proper diet everyday can ensure quick recovery of mothers after she gives birth to the child		
4.	Proper diet everyday during pregnancy can save costs on doctor and medicine for both mother and child		
5.	Nutritious food is not always expensive		
6.	Avoid hot foods (eg. ducks, pigeons, beef and Hilsha fish) during pregnancy		
7.	Daily consumption of fruits during pregnancy is		
8.	Daily consumption of fish/meat/egg during pregnancy is essential because it ensures adequate growth and health of both child inside the womb and mother		
9.	Avoid some kinds of fish like Taki, Chanda, Puti and mrigal maach		
10.	During pregnancy, take one IFA tablet everyday		
11.	During pregnancy, take one Calcium tablet everyday		
12.	During pregnancy, take at least two hours of rest every afternoon		
13.	Do not lay down on the bed, eat or cook during a lunar or solar eclipses		
14.	Pregnant women should consume at least one food item from 5 different food groups daily		
15.	Proper diet during pregnancy will ensure that the child will be brainy.		
16.	Avoid tea/coffee		
17.	Avoid alcohol/tobacco/betel leaf/betel nut		
18.	New born babies should be placed on mother's breast immediately after delivery		
19.	No water, honey or sugar water should be given to the new born babies after birth		
20.	Infants should be fed only breastmilk for the first six months (no water, liquids, solid or semi-solid foods)		
21.	During pregnancy a woman should gain 10-12 kg weight		
22.	A PW should be weighted in each month		
23.	Mother should eat dry food only for seven days after birth of child		
24.	Pregnant women should not go out of home or visit grave yards after evening		

Code H			
Hospital/UHC..... 1	Other NGO workers.....9	Husband.....17	CSBS.....24
Doctor..... 2	TTBA.....10	Mother/Mother-in-	Radio.....25
Nurse/Midwife..... 3	TBA.....11	law.....18	Books/Newspaper/
FWA/HA..... 4	Village Doctor.....12	Other HH members.....19	Poster/Billboard.....26
FWV..... 5	Homeopath doctor.....13	Neighbor/friends.....20	Internet/website.....27
CHCP..... 6	Kabiraj/Herbal healer.....14	Private clinic.....21	Jatra/Pala/Cinema.....28
BRAC SS..... 7	Spiritual healer.....15	Community clinic.....22	Others (specify).....77
BRAC SK..... 8	Pharmacy.....16	EPI.....23	

H.17 Perceptions and drivers of behavioral change

Please tell us if you agree with the following statements. The level of agreement runs from 1-5 with 5 is strongly agree and 1 is strongly disagree

	Statements	Yes, agree.....1 No, disagree.....2
1.	My consuming right types and amount of food during pregnancy is extremely important for my health and my unborn child	
2.	My consuming right types and amount of food during pregnancy is extremely important for my unborn child's brain/education and ability to earn	
3.	I can manage to follow the recommendations of 5 varieties of food to be consumed during pregnancy	
4.	I can manage to follow the recommendations of adequate amounts of food to be consumed during pregnancy	
5.	My family members and community people will be angry if I consume the right types and amounts of food during pregnancy	
6.	I cannot consume the recommended types and amounts of food as we are poor people	
7.	It is too costly to obtain the recommended types and amounts of foods for my consumption during pregnancy	
8.	It is a good use of our family's money to ensure the right types and amounts of foods during pregnancy and it contributes to the future welfare of the child and family	
9.	In my family and community I am expected to consume so many varieties and such large amount during pregnancy	
10.	My husband knows the importance of proper nutrition for mother during pregnancy	
11.	My husband does not purchases diversified nutritious foods and does not ensure that I have these foods available	
12.	My husband reminds and encourages me to consume the recommended quantity of diversified foods daily	
13.	My husband helps me to ensure that there are enough tablets of IFA and Calcium at home	
14.	My husband reminds me to take one tablet of IFA and on tablet of Calcium daily	
15.	My husband does not remind /helps me to take rest for 2 hours during the day in addition to sleeping at night	
16.	My husband and family members make me lifting heavy work load during pregnancy	
17.	My husband reviews my weight gain chart and helps me find ways to gain enough weight during pregnancy	
18.	My husband calls the health worker on mobile if I have any difficulties to do any of the above	

MODULE I. MEDIA HABIT

I.1.	Do you ever watch TV?	Yes 1 No..... 0>>I.5
I.2.	How often do you watch TV?	Daily (7 days a week) 1 2 to 6 days a week 2 Once a week 3 Once every two weeks 4 Once a month 5 Rarely 6
I.3.	What time of the day do you watch TV? (Multiple response possible)	0:00 – 5.59 hrs 1 6:00 – 1.59 hrs 2 12:00 – 17:59 hrs 3 18:00 – 23.59 hrs 4
I.4.	Which programmes do you watch commonly? (Multiple response possible)	News 1 Music 2 Children's program 3 Religious program 4 Sports 5 Soap opera 6 Health/ disease programs 7 Movie 8 Other (specify) 77
I.5.	Do you ever listen to the Radio?	Yes 1 No..... 0>> next module
I.6.	How often do you listen to the Radio?	Daily (7 days a week) 1 2 to 6 days a week 2 Once a week 3 Once every two weeks 4 Once a month 5 Rarely 6
I.7.	What time of the day do you listen to the Radio? (Multiple response possible)	0:00 – 5.59 hrs 1 6:00 – 1.59 hrs 2 12:00 – 17:59 hrs 3 18:00 – 23.59 hrs 4
I.8.	Which programmes do you listen to commonly? (Multiple response possible)	News 1 Music 2 Children's program 3 Religious program 4 Sports 5 Soap opera 6 Health/ disease programs 7 Other (specify) 77

MODULE J. HOUSEHOLD SOCIO-ECONOMIC STATUS AND ASSETS

Household construction

J.1.	Do you own the house you live in?	Owns house.....1 Rents2 Free housing3 Others (Specify).....77
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J.2.	Main floor material [Observation]	Concrete1 Brick/Cement2 Tin /CI sheet3 Wood4 Smoothed mud5 Tile6 Jute Stick.....7 Bamboo/ Grass/straw8 Others (Specify) 77
J.3.	Main exterior wall material [Observation]	Concrete1 Brick/Cement2 Tin /CI sheet3 Wood4 Smoothed mud5 Tile6 Jute Stick.....7 Bamboo/ Grass/straw8 Others (Specify) 77
J.4.	Main roof material [Observation]	Concrete1 Brick/Cement2 Tin /CI sheet3 Wood4 Smoothed mud5 Tile6 Jute Stick.....7 Bamboo/ Grass/straw8 Others (Specify) 77
J.5.	Do you have a garden where you grow vegetables and/or fruits?	Yes 1 No 0
J.6.	Does your household have any electricity?	Yes 1 No0
J.7.	Do you have any other kind of electric power? If yes, which type?	Generator1 Solar2 No other type0
J.8.	What type of fuel does your household mainly use for cooking?	Electricity.....1 LPG.....2 Natural gas3 Biogas4 Kersone5 Charcoal6 Wood/ Straw/ Leaves7 Animal dung8 Others (Specify) 77
J.9.	Do you have your own mobile phone?	Yes 1 No 0
J.10.	Do you have access to mobile phone?	Yes 1 No 0
J.11.	Are you a member of any community group/organization?	Yes 1 No 0>>J13
J.12.	Which community group/organization's member you are?	BRAC VO.....1 BRAC Plisomaj/union somaj2 Community clinic support group3 Community clinic management committee4 Other (specify) 77

J.13. Household assets

I am now going to ask you about household items that are available in your household. For each item, please tell me if the item mentioned is available in your household? If yes, please tell me how many of each are available?

Asset	Asset code	How many are in usable Condition? (Number)	Asset	Asset code	How many are in usable Condition? (Number)
1	2	3	1	2	3
Metal cooking pots/pans	1		Microwave oven	18	
Bucket	2		Sewing machine	19	
Stove/Gas burner	3		Wall clock/wrist watch	20	
Plates/Pans	4		Camera	21	
Cup/mug	5		Bicycle	22	
Bed/Khat/Chowki	6		Motorcycle	23	
Mattress/blanket	7		Car/truck	24	
Table/ Chair	8		Rickshaw/Van	25	
Almirah	9		Bullock cart/Push cart	26	
Trunk / Suitcase	10		Boat	27	
Electric fan (Ceiling/Table)	11		Engine boat	28	
Table lamp	12		Phone/mobile phone	29	
Electric iron	13		Cow/buffalo	30	
Radio	14		Goat/sheep	31	
Audio cassette/CD player	15		Chicken/duck	32	
TV (color/black-white)	16		Other 1 (specify).....	33	
Refrigerator	17		Other 2 (specify).....	34	

Water, sanitation and hygiene facilities

		Code	
J.14.	What is the main source of <u>drinking water</u> for members of your household?		Own tube well 1 Other's tube well 2
J.15.	What is the main source of water used by your household for cooking?		Community tube well 3 Ring Well/ Indara 4
J.16.	What is the main source of water used by your household for bathing?		Pond..... 5 River/canal 6
J.17.	What is the main source of water used by your household for washing utensils?		Supply Water (piped) 7 Other (specify)..... 77
J.18.	What kind of toilet facility do members of your household usually use?		Sanitary with flush (water sealed) 1 Sanitary without flush (water sealed) 2 Pucca/pit (without water sealed)..... 3 Kutch/Hanging (fixed place) 4 open field..... 5 Other (specify)..... 77
J.19.	Do you share this toilet facility with other households?		Yes..... 1 No 0

MODULE K. HOUSEHOLD FOOD SECURITY

Interviewer: For each of the following questions, consider what has happened *in the past 30 days*. For the questions “how often”, the answer “Rarely” means 1-2 times, “Sometimes” means 3-10 times and “Often” more than 10 times

Sl. No	Questions	Code
K1	In the past 30 days did you worry that your household would not have enough food?	No 0>>K2 Yes..... 1
K1a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes (3-10 times)2 Often (>10 times).....3
K2	In the past 30 days were you or any household members not able to eat the kinds of foods you preferred because of a lack of resources?	No0>>K3 Yes..... 1
K2a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes (3-10 times)2 Often (>10 times).....3
K3	In the past 30 days did you or any household member eat just a few kinds of food day after day because of a lack of resources?	No 0>>K4 Yes.....1
K3a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes2 Often (>10 times).....3
K4	In the past 30 days did you or any household member eat food that you did not want to eat because of a lack of resources to obtain other types of food?	No0>>K5 Yes.....1
K4a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes (3-10 times)2 Often3
K5	In the past 30 days did you or any household member eat a smaller meal than you felt you needed because there was not enough food?	No0>>K6 Yes.....1
K5a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes2 Often (>10 times).....3
K6	In the past 30 days did you or any household member eat fewer meals in a day because there was not enough food?	No0>>K7 Yes.....1
K6a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes (3-10 times)2 Often3
K7	In the past 30 days was there ever no food at all in your household because there were no resources to get more?	No0>>K8 Yes.....1
K7a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes (3-10 times)2 Often (>10 times).....3
K8	In the past 30 days did you or any household member go to sleep at night hungry because there was not enough food?	No 0>>K9 Yes.....1
K8a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes2 Often3
K9	In the past 30 days did you or any household member go a whole day without eating anything because there was not enough food?	No0>>K10 Yes.....1
K9a	If "Yes", how often did this happen?	Rarely(1-2 times)1 Sometimes (3-10 times)2 Often (>10 times).....3

Food assistant/ support

K10	In the last one year, did anyone in the household receive food, cash or other type of social assistance from anyone?	No0>>K12 Yes.....1
K11	If yes, what kind of assistance did you receive (multiple responses possible)	Cash1 Rice.....2 Wheat.....3 Other food.....4 Other in-kind.....5 Others (specify)77
K12	Is anyone from the family currently receiving any micro credit loan?	Yes.....1 No0>> End this module
K13	If yes, where was the loan taken from? (multiple responses possible)	BRAC1 ASA2 Caritas.....3 Shonirbhar Bangladesh.....4 RDRS Bangladesh5 Voluntary Organization for Social Development (VOSD)6 Bachte Shekha7 PKSF.....8 BRDB9 Other NGO (specify)77

MODULE L. WOMEN'S DIGNITY AND DECISION MAKING POWER

Sl. No	Questions	Code
L1	Now, I would like to have your opinion on some ideas regarding how people live within a household. Please tell me if you agree or not with each of the following declarations. There are people who say:	
1.	In a household, the man should take the important decisions.	No don't agree.....0 Yes, agree.....1 Don't know99
2.	If the woman works outside home, her husband or partner should help her with the daily housework.	
3.	A husband should not let his wife work outside home, even if she would like to do it.	
4.	A woman has the right to express her opinion if she does not agree with what the husband or partner says.	
5.	A woman must accept that her husband or partner beats her in order to keep the family together.	
6.	It is better to send a son to school than a daughter.	
L2	Now, I would like to ask you some questions regarding your possessions. I am only asking these questions to better understand women's situation. (Don't forget, all that you tell us is confidential) Please tell me if you possess alone or together with somebody else one of the following things :	
1.	Land?	Yes alone1 Yes together2 Don't have3
2.	This house or the house where you usually live?	
3.	Another house, apartment or room?	
4.	Animals like cows, horses, donkeys?	
5.	Small animals like hens, ducks, chickens, rabbits?	
6.	Gold jewelry?	
L3	WHICH FAMILY MEMBER DECIDES MOST OF THE TIME ABOUT THE FOLLOWING THINGS:	

Sl. No	Questions	Code
1.	Buying of food like rice, vegetables	Respondent 1 Husband of interviewee..... 2 Interviewee <u>and</u> her Husband 3 Son or daughter 4 Son in law or daughter in law 5 Brother or sister..... 6 Brother in law or sister in law 7 Mother or father 8 Mother in law or father in law..... 9 Grandson or granddaughter 10 Other relatives 11 Not applicable 88 Do not know 99
2.	Buying animal source foods (meat, fish, poultry, eggs)?	
3.	Buying cooking oil	
4.	Buying medicine for yourself	
5.	Buying medicine for the children	
6.	What food is prepared every day?	
7.	If you have to work to earn money?	
8.	Visiting other family members, friends or relatives?	
9.	Seeing a doctor or visiting a dispensary when you are pregnant?	
10.	Use of family planning methods?	
11.	To eat nutritious food during pregnancy	
12.	To take supplemental tablets during pregnancy	
13.	To take rest every day for a certain time during pregnancy	
14.	Whether or not you breastfeed the child and when to wean the child?	
15.	What and how to feed the infant in his first year of life?	

MODULE M. PHYSICAL AND MENTAL HEALTH OF THE RESPONDENT

No	Questions	Code									
M1	Now, I would like to ask you about your health status. If you compare your health status with other women in the area who have approximately the same age, how do you feel about your health? (MAKE SURE THAT THIS QUESTION REFERS TO THE MOTHERS' HEALTH STATUS IN GENERAL, NOT RECENTLY)	1	2	3	4	5	6	7	8	9	10
		Health is not good			Health is good				Health is very good		
M2	STRESS (SRQ 20)(Last 4 Weeks) (I will ask if you faced a few problems within last 1 month)										
1	Do you often have headaches?			Yes 1 No..... 0							
2	Is your appetite poor?										
3	Do you sleep badly?										
4	Are you easily get frightened?										
5	Do your hands shake/tremble?										
6	Do you feel nervous, tense or worried?										
7	Is your digestion poor?										
8	Do you have trouble thinking clearly?										
9	Do you feel unhappy about life?										
10	Do you cry more than usual?										
11	Do you find it difficult to enjoy your daily activities?										
12	Do you find it difficult to make decisions?										
13	Is your daily work suffering?										
14	Are you unable to play a useful part in life?										
15	Have you lost interest in things?										
16	Do you feel that you are a worthless person?										
17	Has the thought of ending your life been on your mind?										
18	Do you feel tired all the time?										
19	Do you have uncomfortable feelings in your stomach?										
20	Are you easily tired?										

MODULE O. DOMESTIC VIOLENCE

	When two people marry or live together, they usually share both good and bad moments. I would now like to ask you some questions about your current and past relationships and how your husband / partner treats (treated) you. If anyone interrupts us I will change the topic of conversation. I would again like to assure you that your answers will be kept secret, and that you do not have to answer any questions that you do not want to. May I continue?			
O1	In relation to your (<u>current or most recent</u>) husband/partner, would you say it is generally true that he:	Yes	No	Don't know
	1. Tries to keep you from seeing your friends,	1	0	99
	2. Tries to restrict you from contacting your family of birth,	1	0	99
	3. Insists on knowing where you are at all times,	1	0	99
	4. Ignores you and treats you indifferently,	1	0	99
	5. Gets angry if you speak to another man,	1	0	99
	6. Is often suspicious that you are unfaithful,	1	0	99
	7. Expects you to ask his permission before seeking health care for yourself.	1	0	99

O2	Has your current husband/partner, or any other partner ever do the followings:	A. Has your husband/ partner ever...?	B. Has your husband/ partner in the last 12m...?
		Yes ... 1 No ... 0 >> next Q	Yes ... 1 No ... 0
	1. Insulted you or made you feel bad about yourself?		
	2. Belittled or humiliated you in front of other people?		
	3. Done things to scare or intimidate you on purpose (e.g. by the way he looked at you, by yelling and smashing things)?		
	4. Threatened to hurt you or someone you care about?		
	5. Push you, shake you, or throw something at you?		
	6. Slap you?		
	7. Twist your arm or pull your hair?		
	8. Punch you with his fist?		
	9. Kick you, drag you or beat you up?		
	10. Try to choke you or burn you on purpose?		
	11. Threaten or attack you with a knife, gun, or any other weapon?		
	12. Physically force you to have sexual intercourse when you did not want to?		
	13. Have sexual intercourse you did not want to because you were afraid of what your partner or any other partner might do?		
	14. Forced you to do something sexual that you found degrading or humiliating?		

O3	During your current or last pregnancy, was there a time when you were beaten or physically assaulted by husband?	Yes 1 No..... 0
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MODULE P. ANTHROPOMETRY

VERIFY HOUSEHOLD COMPOSITION TABLE: NOTE LINE NUMBER, NAME AND AGE OF PREGNANT WOMEN

WEIGHT, HEIGHT OF PREGNANT WOMEN						
Member ID (B1)	Name	DATE OF BIRTH (DD MM YYYY)	AGE (IN YEARS)	WEIGHT (KG)	HEIGHT (CM)	RESULT Measured 1 Absent 2 Refused..... 3 Other.....77
		[][]/[][]/ [][][][]	[][]	[][].[]	[][].[]	
				[][].[]	[][].[]	