

Project Name: Nutrition survey on vitamin A and iron status and dietary intakes of women of childbearing age and children 6-59 months of age from medium and rural areas in Akwa Ibom, Nigeria

Dataset: Nigeria-Cassava-Anthropometry.dta

CODEBOOK

This dataset contains anthropometric data of for women and children. Note: every “LGA EA ID Group” grouping is a unique identifier.

Variable Name	Variable description	Variable type	Code
LGA	Local Government Area	numeric	1=Eastern Obolo 2=Essien Udim 3=Ibena 4=Ibiono Ibom 5=Ikono 6=Mkpat Enin 7=Nsit Ubium 8=Onna 9=Oruk Anam 10=Urue Offong Oruko
EA	Enumeration Area	numeric	Range: 1-3
ID	Household Number in each EA	numeric	Range: 1-24
Group	Mother or Child	string	M=mother; C=child
AGE_MOTHER	Age in years	numeric	Range: 14-50,
AGE_CHILD	Age in months	numeric	Range: 6-72; 999=unknown
SEX	Sex	numeric	1=male; 2=female
WEIGHT	Weight (kg)	numeric	
HEIGHT	Height (cm)	numeric	
WAZ	Weight-for-age Z score (using WHO reference)	numeric	
HAZ	Height-for-age Z score (using WHO reference)	numeric	
WHZ	Weight-for-height Z score (using WHO reference)	numeric	
BMI	Body mass index (kg/m ²)	numeric	